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FREE “GUIDED BY BABY” PARENTING TALKS IN OC, SD & LA COUNTIES

Irvine, California, MAY 13th, 2014 – Southern California expectant and new parents are invited to build their parenting skills at monthly parenting talks hosted at five LePort Schools campuses in Los Angeles, Orange and San Diego Counties.

Many expectant parents attend birthing classes, which cover the basics of delivering and caring for the physical well being of a new baby—changing diapers, giving a bath, breastfeeding. Yet there is so much more to life, once you bring your beautiful baby home! In this new series of free *Guided by Baby* talks, expectant and new parents will receive practical advice on infant parenting. LePort’s expert Montessori guides will share Montessori-inspired tips to make a baby’s first year truly wonderful.

“In my work as a parenting coach, I’ve come to realize that many parents feel overwhelmed and unprepared for the most important job they’ll ever have—that of helping a new human being thrive,” explains Jeanne-Marie Paynel, LePort’s Montessori Parent Liaison. “There is so much conflicting information out there that it’s easy to get anxious as a parent. We can help. In these talks, I’ll share how to think about setting up your home for your baby—what to buy, and what to not buy. We’ll also cover many other topics, from how to foster natural language and movement development, to the role of the father during pregnancy and bonding.”

Classes start in May and take place on Tuesdays, from 6:30 pm to 8 pm, and are hosted by the LePort campuses in the Palos Verdes area (Lomita), Huntington Beach, Fountain Valley, Irvine and Northern San Diego area (Encinitas). For details and monthly topics, visit www.leportschools.com/gbb.

LePort Schools, based in Irvine, provides authentic Montessori education for infants through 3th grade students and a unique [Knowledge for Life](#) curriculum for 4th – 8th grade students. Since 2000, LePort Schools has grown from one campus in Orange County to nine campuses spanning from Los Angeles to San Diego with April 2014 marking the enrollment of their 1000th student.

For general questions or media inquiries, please contact us at Info@LePortSchools.com.

High-resolution photos are available upon request. Contact Info@LePortSchools.com.



Preparing Your Home for Baby's Arrival

May & October 2014. What should you put on your baby registry—and what popular items should you avoid? In this informative (and at times thought-provoking!) talk, we'll equip you with key principles and practical tips on how to set up the four key areas of your home—sleeping, feeding, personal care and movement.



Fostering Joyful Language Development and Natural Movement

June 2014. Learning to move — rolling over, sitting, crawling, walking, developing a pincer grasp — and learning to speak are two of the huge developmental milestones during the first year of life. Unfortunately, many common parenting practices actually hinder a baby's ability to develop optimally in these critical areas. At this talk, we'll offer insight on how to naturally and joyfully help your baby make the most of his "absorbent mind," and we'll help you avoid common mistakes that many well-meaning, new parents make.



The Role of the Father During Pregnancy and Bonding

July 2014. Today's fathers are very engaged and active in supporting their partners during child birth and helping with the baby basics—such as changing diapers. Yet often times, we hear from new dads that they feel at a loss. There's such a strong, natural bond between mother and child that it's easy to feel left out. In this talk, we'll specifically address what new fathers can do to both enjoy and support the wondrous months around late pregnancy and the bonding period at home. Fathers are invited to join this talk, either alone or with their partners.